



Marsworth Church of England Infant School
PSHE and RSE Policy

Reviewed June Spring 2021
Next review date Spring 2023

Marsworth Church of England Infant School PSHE and RSE Policy

We care for each child as an individual to support their education, social, spiritual and moral growth.

Personal, Social, Health and Economic Education (PSHE)

1. School vision statement

Through our values of Respect, Courage, Compassion and Curiosity, Marsworth C.E. Infant School provides a unique, nurturing environment to inspire a love of learning in our children.

‘Teach children how to live, and they will remember it all their lives.’ Proverbs 22:6

It is the school’s goal that all children leave here with a lifelong love of learning, and are able to face with confidence, the challenges ahead.

Definition of PSHE

Personal, Social, Health and Economic Education is a distinct curriculum subject and has both statutory and non-statutory elements as defined by the DfE. High quality PSHE education supports pupils’ personal, social, health and economic development. It helps to give them the knowledge, skills, strategies and attributes to make informed choices and decisions about the different opportunities and challenges life presents. Pupils will learn about relationships, health and wellbeing, keeping safe, managing their off and online lives, living in the wider world and financial education *at an age appropriate level*. Providing a high quality PSHE curriculum gives pupils opportunities to explore issues that are real and relevant to them in their daily lives in a safe and managed environment. From September 2020 statutory Relationships Education and Health Education will be part of the taught curriculum within PSHE. This is an essential part of a child’s education and contributes to their personal development.

2. The aim of this policy is to:

- Provide information to staff, parents and carers, governors and pupils regarding the organisation, content and approach to teaching PSHE Education
- Help parents and carers to understand PSHE Education and support them to work with their child to secure the very best outcomes for all pupils
- Demonstrate how the school meets legal requirements with regards to teaching Relationships Education and Health Education.

At Marsworth School we teach the statutory parts of PSHE including Relationships Education and Health Education through our PSHE curriculum, and, across the school we base our curriculum coverage broadly on the Jigsaw (A Mindful approach to PSHE) Scheme of work, with additions where necessary.

The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all pupils receiving primary education and Relationships and Sex Education (RSE) compulsory for all pupils receiving secondary education. They also make Health Education compulsory in all schools except independent schools.

We comply with the ‘Relationships Education, Relationships and Sex Education(RSE) and Health Education statutory guidance issued by the DfE. We follow the DfE guidance for teaching PSHE (updated February 2020)

<https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe/personal-social-health-and-economic-pshe-education>

4. The curriculum

Intent

We aim to provide high quality PSHE provision that will support pupils to develop life skills which will enable them to manage change, make healthy and safe choices, build character and be resilient, reflective and responsible members of society.

Our PSHE provision has been designed to be age appropriate, whilst being sensitive to the needs of our whole school community to ensure PSHE provision gives our pupils an education which will support them both now and in the future.

Our PSHE provision is underpinned by the 2010 Equalities Act and provides an inclusive curriculum that promotes understanding and mutual respect for all. We reflect diversity within our curriculum to ensure that no pupil feels excluded and teach pupils to understand, respect and celebrate difference and challenge stigma.

Our PSHE provision extends beyond the curriculum and includes themed days / weeks, assemblies and fully supports our school's vision and values. PSHE is part of our school's broad and balanced curriculum. The personal, social, health and economic development of our pupils is a vital element of education and we aim to work collaboratively with parents/ carers to ensure our children are well informed and supported to make healthy, safe and positive choices in all aspects of their daily lives.

Implementation

At Marsworth School statutory Relationships Education and Health Education are taught as part of a broad and balanced structured PSHE curriculum which aims to enable our pupils to understand and manage important choices in their lives both now and in the future.

We use the Jigsaw (The Mindful approach to PSHE) scheme of work for the initial planning and delivery of PSHE across the school. The programme of study is adapted to provide a relevant and age appropriate curriculum. We also use a range of teacher-made resources and SEAL, SureStart and the PSHE Association resources to complement lessons. We provide a spiral curriculum to ensure pupils are taught key aspects of PHSE at a relevant and age appropriate level and in line with their continuing personal, social and emotional development. Much of the work in Relationships Education is covered at an age-appropriate level using picture books.

Relationships Education

Legal requirements

The teaching of Relationships education is statutory from September 2020.

To fulfil statutory safeguarding duties and ensure any safeguarding issues arising from Relationships teaching are identified and followed in accordance with the school safeguarding policy.

To have due regard to the Equality Act (2010) which requires schools to prevent discrimination, advance equality of opportunity and foster good relations between different groups. The protected characteristics that apply to school age children are disability, race, religion or belief, sex, sexual orientation, gender reassignment, pregnancy and maternity.

“We must avoid, at all costs, diminishing the dignity of any individual to a stereotype or a problem. Church of England Schools offer a community where everyone is a person known and loved by God, supported to know their intrinsic value” (Valuing All God’s Children)

What is taught:

Relationships education *teaches pupils what they need to know to help them develop healthy, nurturing relationships with other children and adults.* It should enable them to know what a healthy relationship looks like, how to build and maintain happy, healthy relationships with others and recognise the importance of a range of relationships both in school and in wider community.

Relationships Education also teaches pupils to recognise unhealthy behaviours, how to keep safe, identify potential dangers, how to report any concerns or abuse and where to access help when needed.

At Marsworth School we don’t teach sex education in PSHE, however we will cover ‘being safe’ which includes learning related to privacy and safeguarding. If a situation arose, teachers would use the correct scientific language for the names of relevant body parts.

Our PSHE curriculum covers statutory Relationships Education which in infant schools focuses on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and adults.

Children are taught content on:

- Families and people who care for us
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Pupils will be taught Relationships Education from year 1 at an age appropriate level. The impact of this teaching aims to ensure that pupils can:

- Enjoy healthy and positive relationships with others
- Understand how their behaviour affects others and vice versa
- Be aware of and respect different types of relationships in accordance with the Equalities Act
- Become actively engaged young citizens who make positive contributions to their families, the school and the communities to which they belong
- Know how to keep safe and where to go to seek help

“There are planned curriculum opportunities to explore different points of view and pupils are given the skills they need to disagree well and to live with the convictions.” (SIAMS Evaluation Schedule 2018)

These aspects of the Relationships Education as defined by the DfE *will be taught at an age appropriate level.* We provide an inclusive curriculum that promotes understanding and mutual respect for all. ***We reflect diversity within our curriculum to ensure that no pupil feels excluded and teach pupils to respect difference, promote equality and challenge stigma.***

Health Education

We deliver statutory Health Education through our PSHE curriculum. Health Education aims to teach pupils about physical and mental wellbeing and give pupils the information that they need to make good decisions about their own health and wellbeing. Pupils are taught content on:

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating

At Marsworth School PSHE is a taught subject and is timetabled once a week and delivered by class teachers. (In exceptional circumstances, or when necessary, e.g. during a pandemic, additional time and focus is allocated to support children's development.) The PSHE curriculum has been designed to help pupils develop their knowledge and skills over time, embedding learning to ensure pupils receive a relevant and age appropriate education to support them in their lives now and in the future. PSHE is taught in units which can be viewed on the school website and in class topic webs.

Managing difficult questions and confidentiality

In PSHE pupils learn about personal safety. Should a pupil make a disclosure to a member of staff this will be reported to a designated safeguarding lead and followed up in accordance with our disclosure procedures. Please see our safeguarding policy on the school website for further information.

All aspects of PSHE are underpinned by shared and understood ground rules, and we all repeat the 'Jigsaw Charter' at the start of every lesson to ensure that children feel they are in a safe and well managed environment. Pupils are encouraged to ask questions and raise issues in a respectful and appropriate manner. Some questions or issues raised may not be appropriately answered in whole class lessons and these will be followed up separately on an individual or group basis or with parents.

SEND pupils are fully supported in lessons by staff when required, and this combined with careful differentiation of work, aims to ensure that all children can access the learning.

Impact

PSHE provision provides pupils with well-chosen opportunities and contexts to explore and embed new knowledge that can be used confidently in real life situations

- Pupils are able to form healthy, happy relationships with other children and adults and have strategies to challenge negative behaviour of others and seek help when needed
- Pupils know how and when to ask for help and where to access support
- Pupils are enabled to take responsibility for their actions and understand the implications and consequences of their own decisions
- Pupils have the knowledge, skills and attributes to live healthy, happy lives
- Pupils understand and respect differences between themselves and others

5. Roles and Responsibilities

The Governing Body will approve the policy and hold the Headteacher to account for its implementation.

The Headteacher is responsible for ensuring PSHE is taught consistently across the school and for managing requests with regards to the parental right to withdraw from non-statutory Sex Education.

The PSHE leads are responsible for leading and managing the subject. Teachers are responsible for delivering, evaluating and assessing PSHE.

6. Working with outside agencies and visiting speakers

In line with the school's visitor policy, any guest speakers and visitors will be closely monitored by school staff, and relevant safeguarding checks will be carried out.

7. Monitoring, evaluation and training

- PSHE provision will be monitored and evaluated by the PSHE leads, HT and Governors in line with the monitoring cycle agreed by the school. The PSHE policy will be reviewed annually.
- To ensure staff are confident to deliver all aspects of the PSHE curriculum, access to online, in school, local and national training will be made available and in accordance with the school's CPD programme for staff development

8. Working with parents

It is vital that parents and carers know what is being taught and how to support their child/children. The PSHE policy and curriculum overview is published on the school website. We aim to be as transparent as possible and we have an open-door policy for any parents/ carers who wish to find out more about our PSHE provision. We consult with parents regularly, and our open mornings provide an opportunity to discuss any concerns they may have about their child and where they can go to obtain further support. Parents do not have the right to withdraw their child from PSHE which includes statutory Relationships Education and Health Education.

9. Linked policies

Safeguarding, Anti - Bullying Policy, Relationships Education Policy, Wellbeing Policy, SEN policy

10. Policy development

This policy has been consulted on with staff, parents and Governors. PSHE leads have attended CPD training with the local authority and with the diocese.

11. Sign off and date and Review date

Appendix 1

PSHE Curriculum overview (JIGSAW)

1. Being me in My World
2. Celebrating Difference
3. Dreams and Goals
4. Healthy Me
5. Relationships
6. Changing Me

Appendix 2

Ground rules for PSHE lessons (JIGSAW)

1. We take turns to speak.
2. We use kind and positive words.
3. We listen to each other.
4. We have the right to pass.
5. We only use names when giving compliments or being positive.
6. We respect each other's privacy (confidentiality).

Appendix 3

DfE information from statutory guidance, July 2020

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/physical-health-and-mental-wellbeing-primary-and-secondary>

Appendix 4

DfE Guide for parents

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/812593/RSE_primary_schools_guide_for_parents.pdf

Appendix 5

DfE Relationships education outcomes, July 2020

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-education-primary>