

MARSWORTH SCHOOL DINNER MENUS

Spring Term (1) 2018 - WEEKS 1 TO 6

Please see below and on the reverse weeks 1-6 for Spring Term 1. Please complete the order form and return to the office by the morning of **XXXXXXX**.

		MONDAY 1st Jan	TUESDAY 2nd Jan	WEDNESDAY 3rd Jan	THURSDAY 4th Jan	FRIDAY 5th Jan
WEEK 1	MAIN				Chicken Tikka Masala	Breaded BBQ Chicken in a Bun
	VEGETARIAN MAIN				Sweet Potato & Aubergine Masala	Halloumi in a Bun
	STARCHY FOOD / VEGETABLES				Basmati Rice & Naan Bread	Sautéed Potatoes & Sweetcorn
	DESSERT *				Yogurt selection	Chocolate Brownie
		MONDAY 8th Jan	TUESDAY 9th Jan	WEDNESDAY 10th Jan	THURSDAY 11th Jan	FRIDAY 12th Jan
WEEK 2	MAIN	Breaded Cod	Chilli Con Carne	Honey Roasted Gammon	Large Jacket Potato	American Hotdog
	VEGETARIAN MAIN	Vegetable Fingers	Macaroni Cheese	Tomato & Cheese Quesadilla	Large Jacket Potato	Vegetarian Hotdog
	STARCHY FOOD / VEGETABLES	New Potatoes & Peas	Steamed Rice & Vegetables	Roast Potatoes, Steamed Vegetables & Gravy	Hot Topping, Tuna Mayonnaise, Cheese, Baked Beans, Coleslaw	Hash Browns with Vegetable & Salad Bites
	DESSERT *	Chocolate Muffin	Oat & Raisin Cookies	Yogurt & Toppings	Fruit Crumble with Custard	Blueberry Muffin
		MONDAY 15th Jan	TUESDAY 16th Jan	WEDNESDAY 17th Jan	THURSDAY 18th Jan	FRIDAY 19th Jan
WEEK 3	MAIN	Spaghetti Bolognaise	Chicken Curry	Roasted Breast of Chicken	Sausage Plait	Pepperoni Pizza
	VEGETARIAN MAIN	Vegetable Bolognaise	Aubergine Mushroom & Tomato Curry	Quorn Fillet	Leek & Potato Plait	Margherita Pizza
	STARCHY FOOD / VEGETABLES	Spaghetti, Garlic Bread & Tomato Salad	Sauce Packed with Vegetables & served with Basmati Rice	Roast Potatoes, Steamed Vegetables & Gravy	Roasted Vegetables & Gravy	Jacket Wedges & Beans
	DESSERT *	Fresh Fruit Selection	Treacle sponge & Custard	Doughnuts	Choc Chip Cookie	Jelly Pots (vegetarian option available)
		MONDAY 22nd Jan	TUESDAY 23rd Jan	WEDNESDAY 24th Jan	THURSDAY 25th Jan	FRIDAY 26th Jan
WEEK 4	MAIN	Italian meatballs Tomato Basil Sauce	Large Jacket Potato	Roasted Breast Of Turkey	Chicken Fajita	Breaded Cod
	VEGETARIAN MAIN	Vegetarian Balls	Large Jacket Potato	Stuffed Tomato	Vegetable chilli Fajita	Breaded Vegetable Cakes
	STARCHY FOOD / VEGETABLES	Sauce packed with Vegetables & served with Spaghetti	Hot Topping, Tuna Mayonnaise, Cheese, Baked Beans, Coleslaw	Roast Potatoes, Steamed Vegetables & Gravy	Mexican Rice	Peas & Hash Brown
	DESSERT *	Yogurt & Toppings	Strawberry Shortbread	Lemon Cookie	Fruit Crumble Ice Cream	Chocolate Mousse Slice

Please see overleaf for weeks 4 to 6 and order form