

Marsworth School - Autumn Term 1 - 2021 - Lunch Menu

WC - Thur 2nd Sept / WC - Mon 20th Sept / WC - Mon 11th Oct

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Cowboy Chilli	Katsu Chicken Curry	Honey Glazed Gammon	Sausage Plait	Pepperoni, Tomato & Mozzarella Pizza
Vegetable 3 Bean Chilli (Mild) (v)	Vegetarian Katsu Curry (v)	Stuffed Peppers (v)	Vegetable Lattice (v)	Mozzarella & Tomato Margarita Pizza (v)
Nachos & Crunchy Salad	Vegetable Rice	Yorkshire Pudding, Roast Potatoes, Mixed Vegetables & Gravy	Roasted Vegetables	Garlic Roasted Potato Wedges & Vegetable Slaw
Fruit Crumble & Cream	Rocky Road	Melon Slices	Blueberry Muffin	Sugar Ring Doughnut

MENU 1

WC - Mon 6th Sept / WC - Mon 27th Sept / WC - Mon 18th Oct

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breaded Cod Fillet	BBQ Glazed Pork Sausages	Roasted Breast Of Turkey & Stuffing	Spaghetti Bolognese	Southern Fried Chicken in a Bun
Roasted Falafel with Flat Bread & Tzatziki (v)	BBQ Glazed Vegetarian Sausages (v)	Vegetable Hot Pot (v)	Vegetarian Spaghetti Bolognese (v)	Halloumi & Sauté Mushroom in a Bun (v)
New Potatoes & Minted Peas	Hash Brown & Baked Beans	Selection of Vegetables & Roast Potatoes	Garlic Bread & Tomato & Basil Salad	Jacket Wedges & Sweetcorn
Fruit Jelly Pots	Chocolate Brownie	Fresh Fruit Platter	Banana Cake	Yoghurt Selection

MENU 2

WC - Mon 13th Sept / WC - Mon 4th Oct

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Large Jacket Potato (v)	Yes Chefs Famous Mild Chicken Curry	Roast Loin Of Pork	Italian Meatballs	American Hot Dogs
Mac N Cheese (v)	Sweet Potato & Vegetable Curry (v)	Mushroom Stroganoff with Rice (v)	Vegetarian Meatballs Tomato & Basil Sauce (v)	Quorn Sausage Hot Dogs (v)
Hot Topping, Tuna Mayonnaise, Cheese, Baked Beans, Coleslaw	Sauce packed with Vegetables, served with Basmati Rice & Naan Bread	Yorkshire Pudding, Roast Potatoes, Mixed Vegetables & Gravy	Served in a Tomato, Vegetable Basil Sauce & Garlic Bread	Lightly Spiced Potato Wedges & Corn
Chocolate Swirl Mousse	Jam Sponge & Ice-cream	Salted Caramel Cookie	Apple Flapjack	Fruit Lolly

MENU 3

Important Information

(v) = Vegetarian

A selection of salads and alternative desserts of fresh fruit & yogurts are available each day.

Allergens: All food is prepared in a kitchen where gluten and other allergens are present. We do have a nut free policy within our kitchen. Our menu descriptions do not include all ingredients. Allergen information is available at yeschefcateringltd.co.uk Note: Allergen content is a guide as on occasions menus and ingredients may have to be substituted.

Dietary Ordering: If your child has an Allergy / Intolerance you will be required to complete a referral form supported by regulated health care professional documents. A form is available from the School Office. Yes Chef Catering MUST be informed of any food allergies or dietary requirements before the start of the menu. A list of the day(s) and the meals your child wishes to eat must be supplied to the School and Yes Chef Catering.

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