

Marsworth School - Spring Term 2 - 2022 - Lunch Menu

WC - Tues 4th Jan				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Large Jacket Potato (v)	Roasted Breast Of Chicken & Stuffing	Pasta Bolognaise	Southern Fried Chicken in a Bun
	Large Jacket Potato (v)	Roasted Chickpea and vegetable Wellington (v)	Vegetarian Pasta Bolognaise (v)	Halloumi & Sauté Mushroom in a Bun (v)
	Hot Topping, Tuna Mayonnaise, Cheese, Baked Beans, Coleslaw	Selection of Vegetables & Roast Potatoes	Garlic Bread & Tomato & Basil Salad	Jacket Wedges & Sweetcorn
	Chocolate Swirl Mousse	Fruit Yoghurt Selection	Lemon Drizzle Cake	Fresh Fruit Platter

WEEK 1

WC - Mon 10th Jan				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breaded Cod Fillet	Yes Chefs Famous Mild Chicken Curry	Roast Loin Of Pork	Italian Meatballs	American Hot Dogs
Roasted Falafel with Flat Bread & Tzatziki (v)	Sweet Potato & Vegetable Curry (v)	Roasted Quorn Loaf (v)	Vegetarian Meatballs Tomato & Basil Sauce (v)	Quorn Sausage Hot Dogs (v)
New Potatoes & Minted Peas	Sauce packed with Vegetables, served with Basmati Rice & Naan Bread	Yorkshire Pudding, Roast Potatoes, Mixed Vegetables & Gravy	Served with Pasta in a Tomato, Vegetable Basil Sauce & Garlic Bread	Lightly Spiced Potato Wedges & Corn
Fruit Jelly Pots	Carrot Cake	Salted Caramel Cookie	Apple Flapjack	Jam Doughnut

WEEK 2

WC - Mon 17th Jan				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Chicken Wrap	Sausage Plat	Honey Glazed Gammon	Katsu Chicken Curry	Pepperoni, Tomato & Mozzarella Pizza
BBQ Falafel Wrap (v)	Cheese & Onion Pastie (v)	Stuffed Peppers (v)	Mac N Cheese (v)	Mozzarella & Tomato Margarita Pizza (v)
Mexican Savoury Rice	Roasted Vegetables	Yorkshire Pudding, Roast Potatoes, Mixed Vegetables & Gravy	Vegetable Rice	Garlic Roasted Potato Wedges & Vegetable Slaw
Fruit Crumble & Custard	Ginger Cake	Fruit Yoghurt Selection	Blueberry Muffin	Fudge Shortbread

WEEK 3

WC - Mon 24th Jan				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Large Jacket Potato (v)	Honey Glazed Pork Sausages	Roasted Breast Of Chicken & Stuffing	Pasta Bolognaise	Southern Fried Chicken in a Bun
Large Jacket Potato (v)	Honey Glazed Vegetarian Sausages (v)	Roasted Chickpea and vegetable Wellington (v)	Vegetarian Pasta Bolognaise (v)	Halloumi & Sauté Mushroom in a Bun (v)
Hot Topping, Tuna Mayonnaise, Cheese, Baked Beans, Coleslaw	Potato & Carrot Hash Baked Beans	Selection of Vegetables & Roast Potatoes	Garlic Bread & Tomato & Basil Salad	Jacket Wedges & Sweetcorn
Chocolate Swirl Mousse	Chocolate Sponge & Chocolate sauce	Fruit Yoghurt Selection	Lemon Drizzle Cake	Fresh Fruit Platter

WEEK 4

WC - Mon 31st Jan				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breaded Cod Fillet	Yes Chefs Famous Mild Chicken Curry	Roast Loin Of Pork	Italian Meatballs	American Hot Dogs
Roasted Falafel with Flat Bread & Tzatziki (v)	Sweet Potato & Vegetable Curry (v)	Roasted Quorn Loaf (v)	Vegetarian Meatballs Tomato & Basil Sauce (v)	Quorn Sausage Hot Dogs (v)
New Potatoes & Minted Peas	Sauce packed with Vegetables, served with Basmati Rice & Naan Bread	Yorkshire Pudding, Roast Potatoes, Mixed Vegetables & Gravy	Served with Pasta in a Tomato, Vegetable Basil Sauce & Garlic Bread	Lightly Spiced Potato Wedges & Corn
Fruit Jelly Pots	Carrot Cake	Salted Caramel Cookie	Apple Flapjack	Jam Doughnut

WEEK 5

WC - Mon 7th Feb				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Chicken Wrap	Sausage Plat	Honey Glazed Gammon	Katsu Chicken Curry	Pepperoni, Tomato & Mozzarella Pizza
BBQ Falafel Wrap (v)	Cheese & Onion Pastie (v)	Stuffed Peppers (v)	Mac N Cheese (v)	Mozzarella & Tomato Margarita Pizza (v)
Mexican Savoury Rice	Roasted Vegetables	Yorkshire Pudding, Roast Potatoes, Mixed Vegetables & Gravy	Vegetable Rice	Garlic Roasted Potato Wedges & Vegetable Slaw
Fruit Crumble & Custard	Ginger Cake	Fruit Yoghurt Selection	Blueberry Muffin	Fudge Shortbread

WEEK 6

WC - Mon 14th Feb				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Large Jacket Potato (v)	Honey Glazed Pork Sausages	Roasted Breast Of Chicken & Stuffing	Pasta Bolognaise	Southern Fried Chicken in a Bun
Large Jacket Potato (v)	Honey Glazed Vegetarian Sausages (v)	Roasted Chickpea and vegetable Wellington (v)	Vegetarian Pasta Bolognaise (v)	Halloumi & Sauté Mushroom in a Bun (v)
Hot Topping, Tuna Mayonnaise, Cheese, Baked Beans, Coleslaw	Potato & Carrot Hash Baked Beans	Selection of Vegetables & Roast Potatoes	Garlic Bread & Tomato & Basil Salad	Jacket Wedges & Sweetcorn
Chocolate Swirl Mousse	Chocolate Sponge & Chocolate sauce	Fruit Yoghurt Selection	Lemon Drizzle Cake	Fresh Fruit Platter

WEEK 7

Important Information

(v) = Vegetarian

A selection of salads and alternative desserts of fresh fruit & yogurts are available each day.

Dietary Ordering: If your child has an Allergy / Intolerance you will be required to complete a referral form supported by regulated health care professional documents. A form is available from the School Office. Yes Chef Catering MUST be informed of any food allergies or dietary requirements before the start of the menu. A list of the day(s) and the meals your child wishes to eat must be supplied to the School and Yes Chef Catering.

Allergens: All food is prepared in a kitchen where gluten and other allergens are present. We do have a nut free policy within our kitchen. Our menu descriptions do not include all ingredients. Allergen information is available at yeschefcateringltd.co.uk Note: Allergen content is a guide as on occasions menus and ingredients may have to be substituted.

Note: Due to the current climate and supply chain difficulties menus may need to change at short notice. Yes Chef will do its utmost to not change menus.

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