

Marsworth School - Autumn Term 2 - 2021 - Lunch Menu

**WC - Tues 2nd Nov**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	INSET DAY	Honey Glazed Pork Sausages	Roasted Breast Of Chicken & Stuffing	Pasta Bolognese	Southern Fried Chicken in a Bun
		Honey Glazed Vegetarian Sausages (v)	Roasted Chickpea and vegetable Wellington (v)	Vegetarian Pasta Bolognese (v)	Halloumi & Sauté Mushroom in a Bun (v)
		Potato & Carrot Hash Baked Beans	Selection of Vegetables & Roast Potatoes	Garlic Bread & Tomato & Basil Salad	Jacket Wedges & Sweetcorn
		Chocolate Sponge & Chocolate sauce	Fruit Yoghurt Selection	Lemon Drizzle Cake	Fresh Fruit Platter

**WC - Mon 8th Nov**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 2</b>	Large Jacket Potato (v)	Yes Chefs Famous Mild Chicken Curry	Roast Loin Of Pork	Italian Meatballs	American Hot Dogs
	Large Jacket Potato (v)	Sweet Potato & Vegetable Curry (v)	Roasted Quorn Loaf (v)	Vegetarian Meatballs Tomato & Basil Sauce (v)	Quorn Sausage Hot Dogs (v)
	Hot Topping, Tuna Mayonnaise, Cheese, Baked Beans, Coleslaw	Sauce packed with Vegetables, served with Basmati Rice & Naan Bread	Yorkshire Pudding, Roast Potatoes, Mixed Vegetables & Gravy	Served with Pasta in a Tomato, Vegetable Basil Sauce & Garlic Bread	Lightly Spiced Potato Wedges & Corn
	Chocolate Swirl Mousse	Carrot Cake	Salted Caramel Cookie	Apple Flapjack	Jam Doughnut

**WC - Mon 15th Nov**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 3</b>	BBQ Chicken Wrap	Sausage Plat	Honey Glazed Gammon	Katsu Chicken Curry	Pepperoni, Tomato & Mozzarella Pizza
	BBQ Falafel Wrap (v)	Cheese & Onion Pastie (v)	Stuffed Peppers (v)	Mac N Cheese (v)	Mozzarella & Tomato Margarita Pizza (v)
	Mexican Savoury Rice	Roasted Vegetables	Yorkshire Pudding, Roast Potatoes, Mixed Vegetables & Gravy	Vegetable Rice	Garlic Roasted Potato Wedges & Vegetable Slaw
	Fruit Crumble & Custard	Ginger Cake	Fruit Yoghurt Selection	Blueberry Muffin	Fudge Shortbread

**WC - Mon 22nd Nov**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 4</b>	Breaded Cod Fillet	Honey Glazed Pork Sausages	Roasted Breast Of Chicken & Stuffing	Pasta Bolognese	Southern Fried Chicken in a Bun
	Roasted Falafel with Flat Bread & Tzatziki (v)	Honey Glazed Vegetarian Sausages (v)	Roasted Chickpea and vegetable Wellington (v)	Vegetarian Pasta Bolognese (v)	Halloumi & Sauté Mushroom in a Bun (v)
	New Potatoes & Minted Peas	Potato & Carrot Hash Baked Beans	Selection of Vegetables & Roast Potatoes	Garlic Bread & Tomato & Basil Salad	Jacket Wedges & Sweetcorn
	Fruit Jelly Pots	Chocolate Sponge & Chocolate sauce	Fruit Yoghurt Selection	Lemon Drizzle Cake	Fresh Fruit Platter

**WC - Mon 29th Nov**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Large Jacket Potato (v)	Yes Chefs Famous Mild Chicken Curry	Roast Loin Of Pork	Italian Meatballs	American Hot Dogs
Large Jacket Potato (v)	Sweet Potato & Vegetable Curry (v)	Roasted Quorn Loaf (v)	Vegetarian Meatballs Tomato & Basil Sauce (v)	Quorn Sausage Hot Dogs (v)
Hot Topping, Tuna Mayonnaise, Cheese, Baked Beans, Coleslaw	Sauce packed with Vegetables, served with Basmati Rice & Naan Bread	Yorkshire Pudding, Roast Potatoes, Mixed Vegetables & Gravy	Served with Pasta in a Tomato, Vegetable Basil Sauce & Garlic Bread	Lightly Spiced Potato Wedges & Corn
Chocolate Swirl Mousse	Carrot Cake	Salted Caramel Cookie	Apple Flapjack	Jam Doughnut

WEEK 5

**WC - Mon 6th Dec**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY CHRISTMAS DINNER
BBQ Chicken Wrap	Sausage Plat	Honey Glazed Gammon	Katsu Chicken Curry	Festive Roast Turkey with Pigs in Blankets & Stuffing
BBQ Falafel Wrap (v)	Cheese & Onion Pastie (v)	Stuffed Peppers (v)	Mac N Cheese (v)	Quorn Roast with Vegetarian Sausages & stuffing (v)
Mexican Savoury Rice	Roasted Vegetables	Yorkshire Pudding, Roast Potatoes, Mixed Vegetables & Gravy	Vegetable Rice	Seasonal Vegetable, Roast Potatoes & Cranberry Sauce
Fruit Crumble & Custard	Ginger Cake	Fruit Yoghurt Selection	Blueberry Muffin	Christmas Cup Cakes

WEEK 6

**WC - Mon 13th Dec**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breaded Cod Fillet	Honey Glazed Pork Sausages	Roasted Breast Of Chicken & Stuffing	Pasta Bolognese	Southern Fried Chicken in a Bun
Roasted Falafel with Flat Bread & Tzatziki (v)	Honey Glazed Vegetarian Sausages (v)	Roasted Chickpea and vegetable Wellington (v)	Vegetarian Pasta Bolognese (v)	Halloumi & Sauté Mushroom in a Bun (v)
New Potatoes & Minted Peas	Potato & Carrot Hash Baked Beans	Selection of Vegetables & Roast Potatoes	Garlic Bread & Tomato & Basil Salad	Jacket Wedges & Sweetcorn
Fruit Jelly Pots	Chocolate Sponge & Chocolate sauce	Fruit Yoghurt Selection	Lemon Drizzle Cake	Fresh Fruit Platter

WEEK 7

**Important Information**

(v) = Vegetarian

A selection of salads and alternative desserts of fresh fruit & yogurts are available each day.

**Dietary Ordering:** If your child has an Allergy / Intolerance you will be required to complete a referral form supported by regulated health care professional documents. A form is available from the School Office. Yes Chef Catering MUST be informed of any food allergies or dietary requirements before the start of the menu. A list of the day(s) and the meals your child wishes to eat must be supplied to the School and Yes Chef Catering.

**Allergens:** All food is prepared in a kitchen where gluten and other allergens are present. We do have a nut free policy within our kitchen. Our menu descriptions do not include all ingredients. Allergen information is available at [yeschefcateringltd.co.uk](http://yeschefcateringltd.co.uk) Note: Allergen content is a guide as on occasions menus and ingredients may have to be substituted.

**Note:** Due to the current climate and supply chain difficulties menus may need to change at short notice. Yes Chef will its utmost to not change menus.

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