

		MONDAY 2.10.17	TUESDAY 3.10.17	WEDNESDAY 4.10.17	THURSDAY 5.10.17	FRIDAY 6.10.17
WEEK 5	MAIN	Tomato & Basil Penne Pasta	Sausages	Roast Loin Of Pork	Chicken Tikka Masala	Breaded BBQ Chicken in a Bun
	VEGETARIAN MAIN	Tomato & Basil Penne Pasta	Vegetarian Sausages	Vegetable Lattice	Sweet Potato & Aubergine Masala	Breaded Veggie Quorn in a Bun
	STARCHY FOOD / VEGETABLES	Salad & Garlic Bread	Mash & Beans	Roast Potatoes, Steamed Vegetables & Gravy	Basmati Rice & Naan Bread	Sautéed Potatoes & Sweetcorn
	DESSERT *	Fresh Fruit Selection	Fruity Flapjack	Jelly Pots (vegetarian option available)	Fudge Yogurts	Ice Cream Tubs
		MONDAY 9.10.17	TUESDAY 10.10.17	WEDNESDAY 11.10.17	THURSDAY 12.10.17	FRIDAY 13.10.17
WEEK 6	MAIN	Breaded Cod	Chilli Con Carne	Honey Roasted Gammon	Large Jacket Potato	American Hotdog
	VEGETARIAN MAIN	Vegetable Fingers	Macaroni Cheese	Tomato & Cheese Quesadilla	Large Jacket Potato	Vegetarian Hotdog
	STARCHY FOOD / VEGETABLES	New Potatoes & Peas	Steamed Rice & Vegetables	Roast Potatoes, Steamed Vegetables & Gravy	Hot Topping, Tuna Mayonnaise, Cheese, Baked Beans, Coleslaw	Hash Browns with Vegetable & Salad Bites
	DESSERT *	Yogurt & Toppings	Oat & Raisin Cookies	Chocolate Muffin	Fruit Crumble with Ice Cream	Fruit Lollies
		MONDAY 16.10.17	TUESDAY 17.10.17	WEDNESDAY 18.10.17	THURSDAY 19.10.17	FRIDAY 20.10.17
WEEK 7	MAIN	Spaghetti Bolognese	Chicken Curry	Roasted Breast of Chicken	Sausage Plait	Pepperoni Pizza
	VEGETARIAN MAIN	Vegetable Bolognese	Aubergine Mushroom & Tomato Curry	Quorn Fillet	Leek & Potato Plait	Margherita Pizza
	STARCHY FOOD / VEGETABLES	Spaghetti, Garlic Bread & Tomato Salad	Sauce Packed with Vegetables & served with Basmati Rice	Roast Potatoes, Steamed Vegetables & Gravy	Roasted Vegetables & Gravy	Jacket Wedges & Beans
	DESSERT *	Fresh Fruit Selection	Strawberry Puffs	Blueberry Muffin	Choc Chip Cookie	Jelly Pots (vegetarian option available)

* All our desserts are suitable for vegetarians unless stated on the menu (vegetarian option available).

IMPORTANT NOTE: All food is prepared in a kitchen where nuts, gluten and other allergens could be present.

Full allergen information for this menu is available upon request or visit www.yeschefcatering.co.uk under heading School Meals.

Yes Chef must be informed of any food allergies or dietary requirements when meals are ordered.

If you would like to talk to us about your child's needs or school meals please don't hesitate to contact:

Kevin or Nikki Burn at Yes Chef Catering Ltd

T: 01296 661892 M: 07854 193595 or E: yeschefcatering@tiscali.co.uk



Please fill in the day(s) you require school meals and return to the office by the date stated.

Please tick the days required	MON	TUES	WED	THUR	FRI
WEEK 1 (4th - 8th Sept)					
WEEK 2 (11th - 15th Sept)					
WEEK 3 (18th - 22nd Sept)					
WEEK 4 (25th - 29th Sept)					
WEEK 5 (2nd - 6th Oct)					
WEEK 6 (9th - 13th Oct)					
WEEK 7 (16th - 20th Oct)					

Childs Name: _____

Class: _____

Allergy or special dietary information: _____

If you would like to choose the vegetarian option please clearly but the word VEG in the day(s) required